

TAKING FLIGHT



An FASD State System in Action

An FASD State System

- What is it?
- Where do you get one?
- What do you do with it?
- What's it worth?

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Help

Mississippi's System of Care

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Help

- HB 1275 enacted in 2001 and re-enacted through SB 2991 in 2005 established
 - Interagency Coordinating Council for Children and Youth (ICCCY)
 - Interagency System of Care Council (ISCC)
 - Multidisciplinary Assessment and Planning Teams (MAP Teams)

Mississippi's System of Care

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- The three bodies provide for the development and implementation of a coordinated interagency system of necessary services and care for children and youth up to age 21 with serious emotional/behavioral disorders who require services from multiple program systems, and who can be successfully diverted from inappropriate institutional placement.

Mississippi's System of Care

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Help

- HB 1529 was passed in 2010 and revised the previous bills to
 - Expand the ICCCY and ISCC
 - Further define SOC services and supports
 - Strengthen participation on MAP teams and A-teams
 - Single point of entry

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(ICCCY) Interagency Coordinating Council for Children and Youth

Executive Directors

- Dept. of Health
- Dept. of Mental Health
- Division of Medicaid
- State Dept. of Education
- Dept. of Rehabilitation Services
- MS Families As Allies
- Dept. of Human Services

New Members

- Attorney General
- Family member
- Youth or Young Adult
- MAP Team Coordinator
- Child Psychiatrist
- Early childhood education representative
- Advocate for disabled citizens
- Faculty member or Dean

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(ISCC) Interagency System of Care Council

Representatives

- Dept. of Health
- Dept. of Mental Health (3 rep.)
- Division of Medicaid
- Dept. of Education (2 rep.)
- Dept. of Rehabilitation
- Dept. of Human Services (2 rep.)
- MS Families As Allies (2 rep.)

New Members

- Attorney General's office
- family member
- youth or young adult
- Early Childhood Education rep.
- MAP team rep.
- A-team rep.
- probation officer
- Director of Compulsory School Attendance Enforcement (Education)

“Making A Plan” Team -- MAP

- Local interagency teams that provide children with SED and their families with resources and services within the community instead of “placement” in residential care.
- MAP Teams meet on a monthly basis, usually at the same time and same location.
- Currently, there are 40 MAP teams that serve 52 counties.

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Children/Youth MAP Team Locations

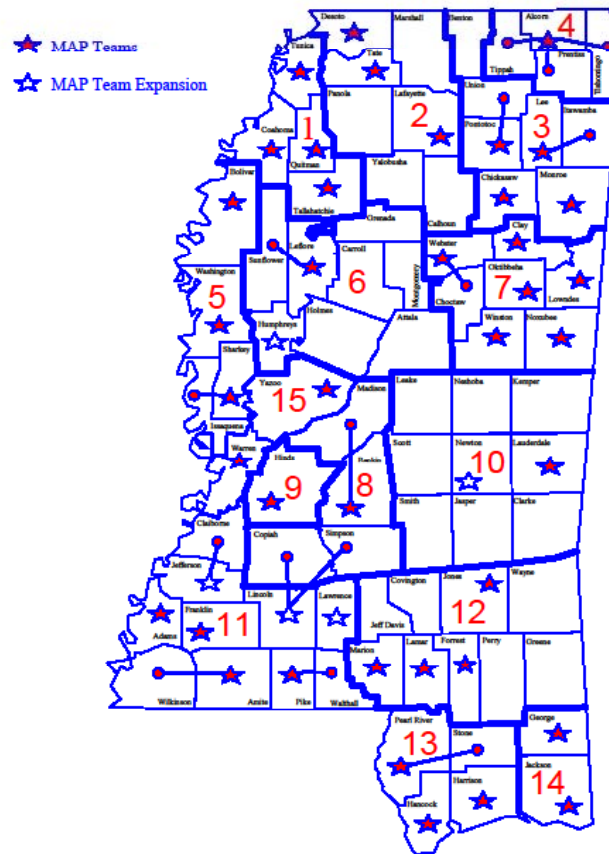
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Children/Youth MAP Teams
04/2011



MAP Team members

- Membership must include:
 - Mental health representative
 - Local school district representative
 - Youth court counselor/case worker
 - Social worker (DHS)
 - Representative from the local Health Department
 - Local representative from Dept. of Rehabilitation
 - Parent or family member with a child who has experienced an emotional disturbance

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MAP Team members

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MAP Team members

- Other members include
 - Local health dept. representative
 - Boys & Girls Club, YMCA, CASA, Family First Resource Centers
 - Local non-profits serving children and families
 - Law enforcement
 - Youth court or family court judges
 - Pastors or other rep. from faith-based org./churches
 - Representatives from Psychiatric Residential Treatment Facilities

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MAP Teams

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- Information is shared
- Informal relationships are built
- Resources are found
- Family's needs are discussed
- Community needs are addressed
- Follow-through and follow-up is provided

MAP Teams & FASD

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MAP Teams served as the initial point of contact for local communities which included FASD information dissemination, training, screening, referrals and treatment interventions.

MAP Teams incorporate the SOC principles including the utilization of flex funds and community partnership.

Mental Health Services for Children include

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- Intake Assessment
- **FASD Screening**
 1. For positive screens parent accepts or rejects FASD clinic evaluation
 2. FASD clinic referral for evaluation appointment
- Psychological/Psychiatric Assessments



Mental Health Services cont'd.

- Individual and Family Therapy
- Case Management
- Intensive Case Management
- Group Therapy
- Day Treatment
- Adolescent Offender Program
- MAP/Wrap-Around services

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Intake Assessment by Mental Health Therapist

- Description of Presenting Problem
- Social History
- Educational History
- Mental Health History
- Medical History (including FASD screener)
- Current Medications
- Substance Abuse/Use History
- Community Support
- Mental status
- Developmental History
- Educational History
- Assessment History and other significant information (ex. DP III)
- Emergency or Crisis Intervention Services
- Initial Diagnostic Impression
- Recommendations

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Treatment Planning

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- Diagnostic Impression
- Strengths
- Statement of the problem(s) including onset, symptoms, complaints, duration and frequency
- Objective (What will the individual accomplish in measurable terms?)
- Services to be provided

Psychiatric/Psychological Assessments

- All children receiving services have access to either the psychiatrist for medication evaluation or the psychologist for further assessment and recommendations for addressing specific areas of concern.



Individual and Family Therapy

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- A Master's level therapist provides face-to-face contact with the child, his/her family, and/or significant others during which time relevant issues are addressed. These issues include but are not limited to the following: assessment, evaluation, multi-treatment planning, family background, educational/vocational achievements, presenting problems, and medical history. The goal of this service is to improve the child's overall level of adaptive functioning within the family and in society.

Parent Education and Support

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- NAMI Basics– an education course for parents/caregivers of children with serious emotional disorders is offered several times throughout the year and is taught by parents of children with SED.
- Parent Education/support classes led by Preschool Day Treatment staff to help parents/caregivers learn behavior management techniques used in day treatment.
- Drug-Free Communities Coalition sponsored parent and community education events to educate parents, community leaders, faith entities, and other concerned citizens about the dangers of underage drinking, smoking, and substance use.

MAP Youth and Adult Coalition Members



Case Management or Intensive Case Management

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- An essential communication link between school and home, this service assures continuing care for children at risk. The case manager provides linkage to needed resources, supportive counseling, and outreach services. Case Management involves helping schools, parents, and families to fully understand the special problems and needs of children/youth.
- For children who screen positive for FASD a case manager is assigned to link the family with needed resources including the FASD Diagnostic Clinic. The CM will support the child and family throughout the diagnostic process and follow up on treatment recommendations. When needed the case will be staffed through the local CMHC MAP Team for the purpose of linkage with additional resources and support from other agencies including school districts and health care providers.

Adolescent Offender Program

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- Court ordered youth between the ages of 12-17 who have committed a non-violent crime receive intense treatment and basic retraining techniques to teach fundamental skills like respect for self and others, basic life skills, and the consequences of criminal activity.
- The program lasts one year for each participant and attempts to decrease criminal activity while showing the youth alternative ways to solve problems.

Day Treatment

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- An intensive behavioral program for children/youth which allows them to remain in their home, school, and community.
- An alternative to hospitalization or residential treatment
- A transition from residential or inpatient treatment to the child's home or school.

Warren-Yazoo Pilot FASD Preschool Day Treatment

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Outdoor therapy is the best!

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Learning New Skills

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Who do we serve?

- Children ages 3-5 who have been prenatally exposed to alcohol.
- During the time period from March 2005 to April 2011, fifty-four children with positive FASD screens have been served in day treatment .

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What does the program do?

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- Assesses each child's strengths and weaknesses in each of 5 domains with the Developmental Profile III, Child Behavior Checklist, and other assessment tools
- Utilizes Department of Education Pre-K curriculum, PATHS, Skill Streaming, play therapy, and other behavioral interventions.

Components of Preschool Day Treatment

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- Child-friendly environment and schedule
- Healthy snacks and meals
- Transportation
- Parenting classes
- Case Management
- Transition to regular school placement
- Health Screens (physical, dental, hearing, vision)



MAP/Wrap-around services

- Making a Plan is a process for planning and individualizing services for children and families while utilizing a system of care – a network of services and support at the community level. It is a process through which communities-their human service systems, health and mental health agencies, schools, courts, churches, businesses, families and more-come together to “take care of their own.”

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A Local MAP Team in Action

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But Wait...What about the diagnosis?

Before the MAP Team or the local community mental health providers can fulfill their roles and responsibilities, there has to be an FASD FASD diagnosis.

How does the diagnostic component work in Mississippi?

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University of MS Medical Center Child Development Clinic

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- Comprehensive child development services
- Centrally located
- Already diagnosing FASD in Mississippi
- Eager to work with our state initiative



Mississippi's FASD Diagnostic Center

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- The **University of MS Medical Center Child Development Clinic** is under the direction of Dr. Susan Buttross, Professor of Pediatrics and Chief of the Division of Child Development and Behavioral Pediatrics
- FASD diagnostic process at UMMC Child Development Clinic is based on a multi-disciplinary team approach that evaluates each child individually
- Dr. Buttross and the Child Development Clinic staff coordinate specialized diagnostic evaluations when necessary to include lab work, x-ray studies, functional behavioral assessment and psychological/psychosocial assessments

FASD Diagnostics Now and for the Future

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- Dr. Buttross has been diagnosing FASD in Mississippi for over 25 years in the course of her child development evaluations
- Future plans include identifying and training more diagnostic teams around the state



Don't Forget the FASD Task Force

- Mississippi Advisory Council on FASD (MS AC-FASD) is made up of representatives from many of the same agencies or services that participate in the MAP Teams

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MS AC-FASD – What fun!

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MS AC-FASD – What fun!



Don't Forget the FASD Task Force

- MS AC-FASD meets monthly to receive information updates, to develop and implement the FASD State Plan, to discuss ways we can all contribute, and to provide guidance for the current FASD funded initiative

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Annual FASD Symposium

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- MS AC-FASD is responsible for designing and conducting our FASD Symposium that will be held for the 8th consecutive year in September, 2011
- The Symposium is an opportunity each year to provide FASD education and information to a broad representation of participants with a special emphasis on parents and families of children with an FASD

FASD System of Care...

It's not just words—it's planning in action and a better future for our children



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Presenters

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Sandra Parks, Director

Division of Children & Youth Services

MS Department of Mental Health

Millicent Ledbetter

Yazoo County Director

Warren-Yazoo Community Mental Health Services

Trisha Hinson

FASD State Coordinator/State Project Director

MS Department of Mental Health